

## A Great Start to a Great Day!

### SWEETS & STAPLES

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| <b>OUR YOGURT BOWL</b> .....   | \$7. <sup>95</sup> |
| Granola, sliced almonds, blueberries   |                    |
| <b>AVOCADO TOAST</b> .....   | \$6. <sup>95</sup> |
| Smashed avocado, creamy Mexican street corn, feta cheese, cilantro & lime on toasted sourdough bread |                    |
| <b>IRISH STEEL CUT OATS</b> .....  | \$7. <sup>95</sup> |
| Warmed with a splash of cream if you desire, topped with local fruit, and a drizzle of honey         |                    |

### OUR BREAKFAST

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|---|---------------------|
| <b>TODAY'S SCRAMBLE</b> .....   | \$12. <sup>95</sup> |
| Farm fresh eggs, scrambled with salmon, capers, fennel, cherry tomatoes, feta cheese, scallions |                     |
| <b>BREAKFAST QUESADILLA</b> .....   | \$12. <sup>95</sup> |
| Bacon, scrambled eggs, cheese, pico de gallo & sour cream on the side                           |                     |
| <b>THE CHEF'S OMELETTE</b> .....  | \$9. <sup>95</sup>  |
| Green Acres Farm mozzarella cheese, spinach & ham   |                     |
| <b>STEAK, EGGS &amp; GRITS</b> .....  | \$14. <sup>95</sup> |
| 2 eggs of your choice, 4oz grass fed NY Strip, creamy castle valley grits                       |                     |

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| <b>FRENCH TOAST</b> .....  | \$9. <sup>95</sup>  |
| Maple syrup & butter   |                     |
| <b>BUTTERMILK PANCAKES</b> .....   | \$8. <sup>95</sup>  |
| Maple syrup & butter   |                     |
| <b>BELGIAN WAFFLE</b> .....  | \$8. <sup>95</sup>  |
| Maple syrup  |                     |
| <b>FARM FRESH EGG or EGG WHITE OMELETTE (CHOOSE 3)</b> .....   | \$9. <sup>95</sup>  |
| Onion, mushroom, spinach, avocado, bacon, sausage, cheddar, goat, blue cheese,<br>Served with toast or home fried potatoes |                     |
| Additional .....   | \$. <sup>95</sup>   |
| <b>2 EGGS YOUR CHOICE</b> .....  | \$7. <sup>95</sup>  |
| Over easy, scrambled, poached, sunny-side served with toast or home fried potatoes   |                     |
| <b>BROWN RICE &amp; QUINOA BREAKFAST BOWL</b> .....  | \$12. <sup>95</sup> |
| Avocado, pico de gallo, crispy bacon, sunny side up egg  |                     |
| <b>UT EGGS BENEDICT</b> .....  | \$10. <sup>95</sup> |
| Thinly sliced ham, english muffin, hollandaise sauce, served with home fried potatoes                                      |                     |
| <b>UT BREAKFAST BURRITO</b> .....  | \$10. <sup>95</sup> |
| Eggs, potatoes, avocado, bacon, cheddar cheese, served with sour cream   |                     |

### SNACKS & SIDES

|   |                    |
|---|--------------------|
| <b>BACON or SAUSAGE</b> .....   | \$3. <sup>95</sup> |
| <b>HOME FRIED POTATOES</b> .....  | \$1. <sup>95</sup> |
| <b>A BOWL OF HOUSE MADE CHIPS</b> .....   | \$4. <sup>95</sup> |
| <b>TO GO SNACKS</b> (great for a quick, easy snack & makes for a tasty gift!) ..... | \$1. <sup>95</sup> |
| <b>FRESHLY BAKED CHOCOLATE CHIP COOKIE</b> (great for here or to go!).....          | \$1. <sup>95</sup> |
| <b>OUR COOKIE OF THE DAY</b> ...Ask your server!.....                               | \$1. <sup>95</sup> |