

GOOD MORNING!
WELCOME
TO

URBAN TABLE

SHAKES...6.95

Made to order with whole milk & your choice of Ice cream

VANILLA
CHOCOLATE

SMOOTHIES...6.95

Made to order with frozen yogurt and skim milk

RASPBERRY
BLUEBERRY
STRAWBERRY

NATURAL REFRESHMENTS

ALL NATURAL FLAVORED ICED TEA ...3.⁹⁵

Raspberry, blueberry, peach, strawberry

FRESH SQUEEZED LEMONADE ...3.⁹⁵

Honey Vanilla, Strawberry

FRESHLY JUICED APPLES...3.⁹⁵

THE AWAKENER (Chef's Start)...7.⁹⁵

Local carrots, kale, cucumbers, Apple, ginger

**served on ice unless you choose otherwise*

HAVANA HARVEST ...3.⁹⁵

A virgin mojito with lime, mint, basil

GREEN HORNET ...3.⁹⁵

Sencha green tea, ginger, mint, lemonade

VITALITY SHOOTER ...2.⁰⁰

Ginger, lemon, cayenne

UT SPRITELY...3.⁹⁵

Fresh Lemon and Lime Juices, Club Soda, Simple Syrup

Fresh squeezed HOUSE MADE SODAS ...3.⁹⁵

Grapefruit, orange, cucumber fizz, sunrise

GINGER POP ...3.⁹⁵

Ginger simple syrup, fresh ginger, seltzer

URBAN COCKTAILS

ORANGE CRUSH 9

fresh squeezed OJ, orange flavored vodka,
triple sec, ginger ale

UT BLOODY MARY 10

UT signature vodka infusion, caper berry

MIMOSA 8.95

prosecco, fresh squeezed oj

UT MIMOSA 8.95

prosecco, choice of freshly juiced Carrots or Apples

THE MAN-MOSA 9

coors light & fresh squeezed OJ

THE CURE ROYAL 10

champagne, Chambord, shot of Hendrick's Gin

BELLINI 9

sparkling wine, peach nectar

ESPRESSO MARTINI 11

House infused vanilla vodka, Tia Maria, espresso, sugar rim

URBAN COFFEE HOUSE

FRESH BREWED COFFEE.....*BREWED HOURLY FOR HOT ROASTY
PERFECTION, ALSO AVAILBLE DECAF..... 2.50*

HAND CRAFTED CAPPUCINOS.....

REGULAR OR DECAF, MOCHA OR VANILLA.....3.95

URBAN LATTES.....

REGULAR OR DECAF, MOCHA OR VANILLA3.95

A SHOT OF ESPRESSO.....2.95

ENJOY IT DECAF, OR MAKE IT A DOUBLE! 3.95

COLD BREW COFFEE.....4.95

ALL NATURAL LOOSE TEAS...3.95

EARL GREY, ENGLISH BREAKFAST, SENCHA GREEN, POMEGRANATE
APRICOT GREEN, VANILLA BLACK

Decaf Options: Decaf Earl Grey, Blueberry Decaf, Chamomile

ICED COFFEE.....3.95

MOCHA OR VANILLA

THANK YOU FOR STARTING YOUR DAY WITH US!

WE'VE GOT ALL YOUR BASES COVERED HERE AT URBAN TABLE 7 DAYS A WEEK

STARTING AT 8AM SERVING

BREAKFAST, LUNCH & DINNER.

A Great Start to a Great Day!

SWEETS & STAPLES

OUR YOGURT BOWL	\$7. ⁹⁵
Granola, sliced almonds, blueberries	
AVOCADO TOAST	\$6. ⁹⁵
Smashed avocado with lemon, EVOO, S&P, on sour dough toast, a sprinkle of seasonal veggie	
IRISH STEEL CUT OATS	\$7. ⁹⁵
Warmed with a splash of cream if you desire, topped with local fruit, and a drizzle of honey	

OUR BREAKFAST

TODAY'S SCRAMBLE	\$12. ⁹⁵
Farm fresh eggs, scrambled with salmon, capers, fennel, cherry tomatoes, feta cheese, scallions	
BREAKFAST QUESADILLA	\$12. ⁹⁵
Fossil Farm Chorizo, scrambled eggs, cheese, pico de gallo & sour cream on the side	
THE CHEF'S OMELETTE	\$9. ⁹⁵
Green Acres Farm mozzarella cheese, spinach & ham	
STEAK, EGGS & GRITS	\$14. ⁹⁵
2 eggs of your choice, 4oz grass fed NY Strip, creamy castle valley grits	

FRENCH TOAST	\$9. ⁹⁵
Maple syrup & butter	
BUTTERMILK PANCAKES	\$8. ⁹⁵
Maple syrup & butter	
BELGIAN WAFFLE	\$8. ⁹⁵
Maple syrup	
FARM FRESH EGG or EGG WHITE OMELETTE (CHOOSE 3)	\$9. ⁹⁵
Onion, mushroom, spinach, avocado, bacon, sausage, cheddar, goat, blue cheese, Served with toast or home fried potatoes	
Additional	\$. ⁹⁵
2 EGGS YOUR CHOICE	\$7. ⁹⁵
Over easy, scrambled, poached, sunny-side served with toast or home fried potatoes	
BROWN RICE & QUINOA BREAKFAST BOWL	\$12. ⁹⁵
Avocado, pico de gallo, crispy bacon, sunny side up egg	
UT EGGS BENEDICT	\$10. ⁹⁵
Thinly sliced ham, english muffin, hollandaise sauce, served with home fried potatoes	
UT BREAKFAST BURRITO	\$10. ⁹⁵
Eggs, potatoes, avocado, bacon, cheddar cheese, served with sour cream	

SNACKS & SIDES

BACON or SAUSAGE	\$3. ⁹⁵
HOME FRIED POTATOES	\$1. ⁹⁵
A BOWL OF HOUSE MADE CHIPS	\$4. ⁹⁵
TO GO SNACKS (great for a quick, easy snack & makes for a tasty gift!)	\$1. ⁹⁵
FRESHLY BAKED CHOCOLATE CHIP COOKIE (great for here or to go!).....	\$1. ⁹⁵
OUR COOKIE OF THE DAY ...Ask your server!.....	\$1. ⁹⁵